



Uimhir rolla: 20082Q

# Gaelscoil Thulach na nÓg

Bóthar Rúisc, Dún Búinne, Co na Mí

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## SPHE Policy / Polasaí OSPS

Social, Personal and Health Education / Oideachas Sóisialta, Pearsanta agus Sláinte

### Introductory Statement and Rationale

#### (a) Introductory Statement

SPHE is a lifelong process and as such begins before the child comes to school. In this school we provide a foundation that will inform the child's actions and decisions and provide a basis for further development. In this context parents are acknowledged as the primary educators of their children and the school will work in a supportive role. This SPHE plan is an updated and revised version of our previous SPHE Policy. This revised policy was drafted by the Principal and teaching staff of Gaelscoil Thulach na nÓg with input from the Board of Management and the Parents' Association.

#### (b) Rationale

The SPHE Curriculum is taught through various programmes and initiatives such as Stay Safe, Walk Tall, Relationships and Sexuality Education and through our involvement in the Health and Wellbeing Promoting Schools Initiative. It is also taught through integration with other subject areas such as Physical Education, Religion, Geography, etc. However, we wish to formalise our teaching of SPHE and plan for it on a whole school basis.

### Ráiteas Tosaigh agus Réasúnaíocht

#### (a) Ráiteas Tosaigh

Próiseas ar feadh an tsaol is ea OSPS agus mar sin tosaíonn sé sula dtagann an páiste ar scoil. Sa scoil seo cuirimid bunús ar fáil a bheidh mar bhonn eolais do ghníomhartha agus chinntí an pháiste agus a sholáthróidh bunús le haghaidh tuilleadh forbartha. Sa chomhthéacs seo aithnítear na tuismitheoirí mar phríomhoideachasóirí a bpáistí agus oibreoidh an scoil i ról tacúil. Leagan nuashonraithe agus leasaithe den Pholasaí OSPS a bhí againn roimhe seo is ea an plean OSPS seo. Is iad Príomhoide agus foireann teagaisc Ghaelscoil Thulach na nÓg a dhréachtaigh an polasaí athbhreithnithe seo le hionchur ón mBord Bainistíochta agus ó Chumann na dTuismitheoirí.

## **(b) Réasúnaíocht**

Múintear an CURACLAM OSPS trí chlár agus trí thionscnaimh éagsúla ar nós Bí Sábháilte, Siúl Tall, Oideachas Caidrimh agus Gnéasachta agus trínár rannpháirtíocht sa Tionscnamh Scoileanna um Chothú Sláinte agus Folláine. Múintear é freisin trí chomhtháthú le hábhair eile ar nós Corpoideachas, Creideamh, Tíreolaíocht, srl. Mar sin féin, ba mhaith linn ár dteagasc OSPS a chur ar bhonn foirmiúil agus pleanáil a dhéanamh dó ar bhonn scoile uile.

## **Aims**

### **(a) Aims:**

The children of Gaelscoil Thulach na nÓg should be enabled to achieve the aims outlined in the SPHE curriculum, which include:

- to promote the personal development and well-being of the child
- to foster in the child a sense of care and respect for himself/herself and others and an appreciation of the dignity of every human being
- to promote the health of the child and provide a foundation for healthy living in all its aspects
- to enable the child to make informed decisions and choices about the social, personal and health dimensions of life both now and in the future
- to develop in the child a sense of social responsibility, a commitment to active and participative citizenship and an appreciation of the democratic way of life
- to enable the child to respect human and cultural diversity and to appreciate and understand the interdependent nature of the world

## **Aidhmeanna**

### **(a) Aidhmeanna:**

Ba chóir go gcuirfí ar chumas páistí Ghaelscoil Thulach na nÓg na haidhmeanna atá leagtha amach sa churaclam OSPS a bhaint amach, lena n-áirítear:

- forbairt phearsanta agus folláine an linbh a chur chun cinn
- mothú cúraim agus measa dó/di féin agus do dhaoine eile a chothú sa pháiste agus léirthuisctint ar dhínit gach cine daonna
- sláinte an linbh a chur chun cinn agus bunsraith a chur ar fáil don saol sláintiúil i ngach gné de
- cur ar chumas an pháiste cinntí eolasacha agus roghanna a dhéanamh faoi ghnéithe sóisialta, pearsanta agus sláinte an tsaoil anois agus amach anseo
- mothú freagrachta sóisialta a fhorbairt sa pháiste, tiomantas do shaoránacht ghníomhach agus rannpháirtíoch agus léirthuisctint ar an mbealach daonlathach den saol
- cur ar chumas an pháiste meas a bheith aige ar éagsúlacht dhaonna agus chultúrtha agus tuiscint agus tuiscint a fháil ar nádúr idirspleách an domhain

## Content of Plan

### Curriculum:

#### 1 *Strands and Strand Units:*

The curriculum is delineated at four levels—infant classes, first and second classes, third and fourth classes, and fifth and sixth classes and is divided into three strands: Myself, Myself and others, and Myself and the wider world.

Each of these strands is further subdivided into a number of strand units or topic areas that contain particular objectives.

## Ábhar an Phlean

### Curaclam:

#### 1 *Snáitheanna agus Snáithaonaid:*

Tá an curaclam leagtha amach ag ceithre leibhéal—ranganna naíonán, ranganna 1 agus 2, ranganna 3 agus 4, agus ranganna 5 agus 6 agus tá sé roinnte ina thrí shnáithe: Mise, Mise agus daoine eile, agus Mise agus an domhan mór.

Déantar gach ceann de na snáitheanna seo a fhoroinnt tuilleadh i roinnt snáithaonaid nó réimsí topaicí ina bhfuil cuspóirí ar leith.

Strands	Strand Units and sub categories			
<b>Myself</b>	<b>Self-Identity</b> <ul style="list-style-type: none"> <li>Self Awareness</li> <li>Developing Self confidence</li> <li>Making decisions</li> </ul>	<b>Taking care of my Body</b> <ul style="list-style-type: none"> <li>Knowing About my Body</li> <li>Food and Nutrition</li> <li>Health and well-being</li> </ul>	<b>Growing and Changing</b> <ul style="list-style-type: none"> <li>As I grow I change</li> <li>New Life</li> <li>Feelings and Emotions</li> </ul>	<b>Safety and Protection</b> <ul style="list-style-type: none"> <li>Personal safety</li> <li>Safety issues</li> </ul>
<b>Myself and Others</b>	<b>Myself and My Family</b>	<b>My friends and other people</b>	<b>Relating to others</b> <ul style="list-style-type: none"> <li>Communicating</li> <li>Resolving Conflict</li> </ul>	
<b>Myself and the Wider World</b>	<b>Media Education</b>	<b>Developing Citizenship</b> <ul style="list-style-type: none"> <li>My school community</li> <li>Living in the local community</li> <li>Environmental Care</li> </ul>		

Gaelscoil Thulach na nÓg teach aspects of all three major strand units each year and strand units will be chosen in such a way that the child will receive a comprehensive programme in SPHE over a two year period.

Gaelscoil Thulach na nÓg has, in accordance with the recommendations for full implementation of the SPHE curriculum, divided the strand units over a two year cycle as outlined below.

In order to ensure all strands are implemented it has been agreed that in Gaelscoil Thulach na nÓg all class teachers will use the template below to plan for and implement SPHE.

Múineann Gaelscoil Thulach na nÓg gnéithe de na trí mhórháithaonaid ar fad gach bliain agus roghnófar snáithaonaid sa chaoi is go bhfaighidh an páiste clár cuimsitheach in OSPS thar thréimhse dhá bhliain.

Tá Gaelscoil Thulach na nÓg, de réir na moltaí do chur i bhfeidhm iomlán an churaclaim OSPS, tar éis na snáithaonaid a roinnt thar thimthriall dhá bhliain mar atá leagtha amach thíos.

Chun a chinntiú go gcuirtear na snáitheanna go léir i bhfeidhm tá sé aontaithe go n-úsáidfidh na múinteoirí ranga go léir i nGaelscoil Thulach na nÓg an teimpléad thíos chun OSPS a phleanáil agus a chur i bhfeidhm.

## SPHE Two Year School Plan

Strand	Strand Units (Year 1)	Strand Units (Year 2)
Myself	<p>Self-identity (September)</p> <p>Safety and Protection - Personal Safety: (October, November, December )</p> <p>The full implementation of the Stay Safe programme</p>	<p>Taking care of my body</p> <p><i>+ all classes Revise Stay Safe lessons on Touches and Secrets and Telling lessons</i></p> <p>(January, February to Mid March)</p>
	<p>a) Making Decisions* (March-April) <i>3rd to 6<sup>th</sup> class only.</i></p> <p>b) Safety and Protection - Other Safety Issues (March-April) <i>Infants to 2<sup>nd</sup> class only</i></p>	<p>Growing and Changing (Mid Mar-April)</p>
	<p>Myself and My Family (January, February)</p>	<p>Relating to others</p> <p>(September &amp; October)</p>
Myself and others		<p>a) My friends and other people +</p> <p>b) Safety and Protection: Other Safety Issues <i>3<sup>rd</sup> to 6<sup>th</sup> classes only</i> (May- June)</p>
Myself and the wider world	<p>Developing Citizenship (May-June)</p>	<p>Media Education (Nov-Dec.)</p>

All classes will do the same strands in one year and will implement the strands over the months as outlined above. At the time of this review

Year 1 = School year 2023/2024

Year 2 = School year 2024/2025

The date for the next review is June 2024

### **Teacher Planning and recording of content objectives and strand units covered:**

All teachers will be required to have an SPHE plan for each month. That plan must clearly show the content objectives (Strand units) to be covered in that month and how this has been timetabled for.

As part of the Cuntas Míosúil teachers must indicate the content objectives (Strand units) covered in SPHE for that month.

After completion of the Stay Safe programme (YEAR 1 of the School Plan) teachers must sign the 'Completion of the Stay Safe Programme' record sheet in the principal's office.

### **The Stay Safe Programme:**

The Stay Safe programme is a personal safety skills programme for primary schools. The aim of the programme is to reduce vulnerability to child abuse and bullying through the provision of personal safety education for children and training for teachers, school management boards and parents.

In accordance with the DES Child Protection procedures 2017 all primary schools are required to fully implement the programme within the context of the Social, Personal and Health Education curriculum.

The implementation of the Stay Safe programme in Gaelscoil Thulach na nÓg will be a collaborative process involving parents, teachers and the wider school community taking a co-ordinated approach to child protection and child abuse prevention through safety skills education.

The Stay Safe programme will be taught in its entirety under the Strand MySelf: Strand Unit: Safety and Protection (Personal Safety) in YEAR 1 of Gaelscoil Thulach na nÓg SPHE school plan. All class teachers will ensure that topics are taught consecutively, beginning with Topic 1 and working through to Topic 5.

As part of the Year 2 SPHE plan all classes will revise the following topic from the Stay Safe programme: Touches and Telling & Secrets

On completion of the programme class teachers must sign the 'Completion of the Stay Safe Programme' record sheet in the principal's office.

### **Pleanáil agus taifeadadh an Mhúinteora cuspóirí ábhair agus snáithaonaid a chlúdaíodh:**

Beidh ar gach múinteoir plean OSPS a bheith acu do gach mí. Caithfidh an plean sin na cuspóirí ábhair (Snáithaonaid) a bheidh le clúdach sa mhí sin a thaispeáint go soiléir agus an chaoi a bhfuil sé seo leagtha amach don tráthchlár.

Mar chuid den Chuntas Míosúil ní mór do mhúinteoirí na cuspóirí ábhair (Snáithaonaid) atá clúdaithe san OSPS don mhí sin a chur in iúl.

Tar éis dóibh an clár Bí Sábháilte a chríochnú (BLIAIN 1 den Plean Scoile) ní mór do mhúinteoirí an leathán taifid 'Críochnú an Chláir Bí Sábháilte' a shíniú in oifig an phríomhoide.



## **An Clár Bí Sábháilte:**

Is clár scileanna sábháilteachta pearsanta do bhunscoileanna é an clár Bí Sábháilte. Tá sé mar aidhm ag an gclár leochaileacht maidir le mí-úsáid leanaí agus bulaíocht a laghdú trí oideachas sábháilteachta pearsanta a sholáthar do leanaí agus oiliúint do mhúinteoirí, do bhoird bhainistíochta scoile agus do thuismitheoirí.

De réir nósanna imeachta na Roinne Oideachais agus Scileanna um Chaomhnú Leanaí 2017 tá dualgas ar gach bunscoil an clár a chur i bhfeidhm go hiomlán laistigh de chomhthéacs an churaclaim Oideachais Shóisialta, Phearsanta agus Sláinte.

Próiseas comhoibríoch a bheidh i bhfeidhmiú an chláir Bí Sábháilte i nGaelscoil Thulach na nÓg ina mbeidh thuismitheoirí, múinteoirí agus pobal na scoile i gcoitinne ag glacadh le cur chuige comhordaithe maidir le cosaint leanaí agus cosc ar mhí-úsáid leanaí trí oideachas scileanna sábháilteachta.

Múinfear an clár Bí Sábháilte ina iomláine faoin Snáithe Mise: Snáithaonad: Sábháilteacht agus Cosaint (Sábháilteacht Phearsanta) i mBliain 1 de phlean scoile OSPS Gaelscoil Thulach na nÓg. Cinnteoidh gach múinteoir ranga go múintear topaicí i ndiaidh a chéile, ag tosú le Topaic 1 agus ag obair ar aghaidh go dtí Topaic 5.

Mar chuid de phlean OSPS Bhliain 2 déanfaidh gach rang athbhreithniú ar an topaic seo a leanas ón gclár Bí Sábháilte: Tadhail agus Ag Insint & Rúin

Ar chríochnú an chláir caithfidh múinteoirí ranga an leathán taifid 'Críochnú an Chláir Bí Sábháilte' a shíniú in oifig an phríomhoide.

## **2. Contexts for SPHE:**

SPHE will be taught in **Gaelscoil Thulach na nÓg** through a combination of the following contexts:

### **a) Positive School Climate and Atmosphere**

**Gaelscoil Thulach na nÓg** has created a positive atmosphere by:

- building effective communication
- catering for individual needs
- creating a health-promoting physical environment
- developing democratic processes
- enhancing self-esteem
- fostering respect for diversity
- fostering inclusive and respectful language
- developing appropriate communication
- fostering a strong pastoral care role among the staff
- providing for social group sessions in the Learning Support Setting to support pupils with specific needs

### **b) Discrete time for SPHE**

SPHE is allocated ½ hour per week on each teacher's timetable in **Gaelscoil Thulach na nÓg**. However teachers may allocate 1 hour per fortnight to allow for more indepth exploration of a strand unit.

**c) Integration with other subject areas and Linkage within SPHE**

Through endeavouring to adopt a thematic approach to SPHE by integrating it with other subject areas such as Language, Geography, History, Religion, Visual Arts, Physical Education, etc. more time can be allocated to exploring SPHE topics.

SPHE Themes/Projects such as Healthy Eating Policy, Food Dudes, Friendship Week, Culture Day, Sports Events, Wellness Initiatives, Lenten Campaign, etc. will also be explored in a thematic way.

**2. Comhthéacsanna don OSPS:**

Múinfear OSPS i nGaelscoil Thulach na nÓg trí mheascán de na comhthéacsanna seo a leanas:

**a) Aeráid agus Atmaisféar Dearfach na Scoile**

Tá atmaisféar dearfach cruthaithe ag Gaelscoil Thulach na nÓg trí:

- cumarsáid éifeachtach a chothú.
- freastal ar riachtanais aonair
- timpeallacht fhisiciúil a chothaíonn an tsláinte a chruthú
- próisis dhaonlathacha a fhorbairt
- féinmheas a fheabhsú
- meas ar an éagsúlacht a chothú
- teanga chuimsitheach mheasúil a chothú
- cumarsáid chuí a fhorbairt
- ról láidir cúram pastróil a chothú i measc na foirne
- soláthar a dhéanamh do sheisiúin grúpa sóisialta sa Suíomh Tacaíochta Foghlama chun tacú le daltaí a bhfuil sainriachtanais acu

**b) Am scoite don OSPS**

Dáiltear OSPS ½ uair in aghaidh na seachtaine ar chlár ama gach múinteora i nGaelscoil Thulach na nÓg. Féadfaidh múinteoirí, áfach, uair an chloig in aghaidh na coicise a leithdháileadh chun iniúchadh níos doimhne a dhéanamh ar shnáithaonad.

**c) Comhtháthú le hábhair eile agus Nascacht laistigh den OSPS**

Trí iarracht a dhéanamh cur chuige téamach a ghlacadh i leith OSPS trína chomhtháthú le réimsí ábhar eile ar nós Teanga, Tíreolaíocht, Stair, Creideamh, Amharcealaíona, Corpoideachas, srl. is féidir níos mó ama a chur ar fáil chun topaicí OSPS a iniúchadh.

Déanfar iniúchadh ar théamaí freisin ar Théamaí/Tionscadail OSPS ar nós Beartas um Itheachán Sláintiúil, Food Dudes, Seachtain Cairdis, Lá Cultúir, Imeachtaí Spóirt, Tionscnaimh Folláine, Feachtas an Charghais, srl.



### **3. Approaches and Methodologies:**

Gaelscoil Thulach na nÓg believe that the approaches and methodologies used in SPHE are crucial to the effectiveness of the programme. Active learning is the principal learning and teaching approach recommended for SPHE, therefore we will endeavour to teach SPHE using a variety of strategies which include:

- drama activities
- co-operative games
- use of pictures
- photographs and visual images
- written activities
- use of media
- information technologies and looking at children's work

### **3. Cur Chuige agus Modheolaíochtaí:**

Creideann Gaelscoil Thulach na nÓg go bhfuil na cuir chuige agus na modheolaíochtaí a úsáidtear san OSPS ríthábhachtach d'éifeachtacht an chláir. Is í an fhoghlaim ghníomhach an príomhchur chuige foghlama agus teagaisc a mholtar don OSPS, mar sin déanfaimid ár ndícheall OSPS a mhúineadh trí úsáid a bhaint as straitéisí éagsúla lena n-áirítear:

- gníomhaíochtaí drámaíochta
- cluichí comhoibritheacha
- pictiúir a úsáid
- grianghraif agus amharciómhána
- gníomhaíochtaí scríofa
- úsáid na meán
- teicneolaíochtaí faisnéise agus féachaint ar obair leanaí

### **4. Assessment:**

Assessment is a central part of the everyday learning and teaching process in SPHE. It can provide valuable information on the child's progress and on the effectiveness and suitability of the programme and the teaching methods being used.

uses the following recommended informal tools for assessment in SPHE:

- *Teacher observation*
- *Teacher-designed tasks and tests*
- *Portfolios and projects*
- *Self reflection and self assessment*
- *Staff team meetings and consultations*
- *Communication with parents*

### **4. Measúnú:**

Cuid lárnach den phróiseas laethúil foghlama agus teagaisc in OSPS is ea an measúnú. Is féidir leis eolas luachmhar a sholáthar ar dhul chun cinn an pháiste agus ar éifeachtacht agus oiriúnacht an chláir agus ar na modhanna múinte atá in úsáid.

úsáideann na huirlisí neamhfhoirmiúla molta seo a leanas don mheasúnú in OSPS:

- Breathnú an mhúinteora
- Tascanna agus trialacha deartha ag an múinteoir
- Punanna agus tionscadail
- Féinmhachnamh agus féinmheasúnú
- Cruinnithe foirne agus comhairliúcháin
- Cumarsáid le tuismitheoirí

**5. *Children with Different Needs:***

Teachers endeavour to adapt and modify activities and methodologies in SPHE to encourage participation by children with special needs. The learning support and resource teachers supplement the work of the class teachers where necessary. **Gaelscoil Thulach na nÓg** liaise with trained professionals/appropriate agencies when dealing with sensitive issues such as bereavement or loss to ensure that the children involved are fully supported.

**5. Leanáí le Riachtanais Éagsúla:**

Déanann múinteoirí iarracht gníomhaíochtaí agus modheolaíochtaí in OSPS a oiriúnú agus a mhodhnú chun rannpháirtíocht leanaí a bhfuil riachtanais speisialta acu a spreagadh. Cuireann na múinteoirí tacaíochta foghlama agus acmhainne le hobair na múinteoirí ranga nuair is gá. Gaelscoil Thulach na nÓg dul i dteagmháil le gairmithe oilte/gníomhaireachtaí cuí agus iad ag déileáil le saincheistanna íogaire ar nós méala nó cailleanas chun a chinntiú go dtugtar tacaíocht iomlán do na leanaí atá i gceist.

**6. *Equality of Participation and Access:***

**Gaelscoil Thulach na nÓg** recognises and values diversity, and believes all children are entitled to access the services, facilities, or amenities that are available in the school environment. Ours is a mixed school and we endeavour to challenge traditional stereotypes and both girls/boys participate in discussion, debate, presentation, the Pupils Council etc. **Gaelscoil Thulach na nÓg** is under An Foras Patrúnachta school management, and we endeavour to provide for *Children of other faiths and no faith, Members of Travelling community, Children with disabilities, Families with literacy difficulties, Children who are learning English as a second language*

**6. Comhionannas Rannpháirtíochta agus Rochtana:**

Aithníonn agus tá meas ag Gaelscoil Thulach na nÓg ar éagsúlacht, agus creideann sí go bhfuil gach leanbh i dteideal teacht ar na seirbhísí, na háiseanna nó na taitneamhachtaí atá ar fáil i dtimpeallacht na scoile. Is scoil mheasctha í seo againne agus déanaimid ár ndícheall dúshlán a thabhairt do na steiréitíopaí traidisiúnta agus glacann cailíní/buachaillí páirt i bplé, díospóireacht, cur i láthair, Comhairle na nDaltaí srl. creidimh eile agus gan chreideamh, Baill den Lucht Siúil, Leanáí faoi mhíchumas, Teaghlaigh a bhfuil deacrachtaí litearthachta acu, Páistí atá ag foghlaim Béarla mar dhara teanga

## **7. Policies and Programmes that support SPHE:**

### ***Policies / polasaithe***

- Child Safeguarding and Risk Assessment Statement
  - Anti-Bullying
  - Relationships and Sexuality Education
  - Substance Use
  - Code of Behaviour
  - Enrolment
  - Health and Safety
  - Healthy Eating
  - Internet Acceptable Useage
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- Ráiteas um Chosaint Leanaí agus Measúnaithe Riosca
  - Frithbhulaíocht
  - Oideachas Caidrimh agus Gnéasachta
  - Úsáid Substaintí
  - Cód Iompair
  - Clárú
  - Sláinte agus Sábháilteacht
  - Itheachán Sláintiúil
  - Úsáid Inghlactha Idirlín

### ***Programmes and Resources used/ cláracha agus achmhainní***

- The Stay Safe programme
  - The Walk Tall Programme
  - RSE materials and resources
  - Webwise resources
  - Active School Flag
  - Health Promoting Schools
  - Food Dudes
  - Green Flag
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- An clár Bí Sábháilte
  - An Clár Walk Tall Misneach
  - Ábhair agus acmhainní OCG
  - Acmhainní Webwise
  - Bratach Scoile Gníomhach
  - Scoileanna Cothaithe Sláinte
  - Food Dudes
  - Brat Glas

### 8. Homework:

SPHE homework, if prescribed in SPHE, will reflect the active learning approach and will reinforce information already taught during class. The home/school link worksheets from the Stay Safe programme will be used as recommended to provide parents / carers with information on topics and messages being covered in class.

### 8. Obair bhaile:

Léireoidh obair bhaile OSPS, má leagtar síos san OSPS, cur chuige na foghlama gníomhaí agus treiseoidh sé an t-eolas atá múinte cheana féin le linn an ranga. Bainfear úsáid as na bileoga oibre naisc baile/scoile ón gclár Bí Sábháilte mar a mholtar chun eolas a sholáthar do thuismitheoirí / cúramóirí ar thopaicí agus ar theachtaireachtaí atá á gclúdach sa rang.

### 9. Resources:

*PDST 'Making the Links and Beyond' as well as PDST online resources*

### 9. Acmhainní:

PDST 'Making the Links and Beyond' chomh maith le hacmhainní ar líne PDST

#### 9.1 Programmes and Other Materials:

Books for Pupil	Books for Teacher	Audio / Visual	Posters	Media & ICT
	RSE Manuals Walk Tall Stay Safe Making the Links	Busy Bodies Food Dudes	Various posters throughout the school	Webwise Resources

#### 9.2 Guest Speakers:

When a guest speaker addresses the children in SPHE, the class teacher will remain in the classroom (as per Circular 42/2018) and make the speaker aware of this school plan and attached policies.

#### 9.2 Aoichainteoirí:

Nuair a labharfaidh aoichainteoir leis na páistí san OSPS, fanfaidh an múinteoir ranga sa seomra ranga (mar atá in Imlitir 42/2018) agus cuirfidh sé nó sí an plean scoile seo agus na polasaithe a ghabhann leis ar an eolas don chainteoir.

### **10. Individual Teachers' Planning and Reporting:**

This plan in SPHE and the curriculum documents informs and guides teachers in their long and short term planning in SPHE. Each teacher keeps a Cuntas Míósúil and this informs our progress and needs when evaluating and reviewing our progress in SPHE.

### **10. Pleanáil agus Tuairisciú Múinteoirí Aonair:**

Tugann an plean seo in OSPS agus na doiciméid churaclaim treoir agus treoir do mhúinteoirí ina bpleanáil fhadtéarmach agus ghearrthéarmach san OSPS. Coinníonn gach múinteoir Cuntas Míósúil agus cuireann sé seo eolas ar ár ndul chun cinn agus ar ár riachtanais agus measúnú agus athbhreithniú á dhéanamh ar ár ndul chun cinn in OSPS.

### **11. Staff Development:**

Training opportunities will, as necessary, be provided for all school personnel to ensure the effective implementation of the SPHE curriculum:

Teachers are encouraged to attend SPHE related courses and share information/skills acquired at these courses with other members of staff during staff meetings.

### **11. Forbairt Foirne:**

Cuirfear deiseanna oiliúna ar fáil, de réir mar is gá, do phearsanra uile na scoile chun cur i bhfeidhm éifeachtach an churaclaim OSPS a chinntiú:

Spreagtar múinteoirí freastal ar chúrsaí a bhaineann le OSPS agus eolas/scileanna a fuarthas ag na cúrsaí seo a roinnt le baill eile den fhoireann le linn cruinnithe foirne.

### **12. Parental Involvement /Opt Out**

Gaelscoil Thulach na nÓg believe that parental involvement is considered an integral part to effectively implementing the SPHE curriculum. Partnership with parents is an essential component in the promotion and building of key life skills. In addition parental involvement gives children more opportunities to repeat the concepts, skills and messages learned.

Homework sheets and the home school links from the Stay Safe programme (HSL) will be used by the teachers to inform parents / carers on the topics and specific lessons being covered in class and how they can reinforce the messages at home.

Links to this plan, the curriculum documents and the resources used, specifically for sensitive issues, are available for parents. Parents are informed in by way of a text or note in advance of the teaching of the sensitive aspects of the SPHE curriculum e.g. Stay Safe and RSE lessons. Information on other school Initiatives supporting the SPHE curriculum are shared with parents in the school newsletters.

**Opt Out:**

Parents have the right to opt their child/children out of any of the sensitive aspects of the SPHE programme, including the Stay Safe programme and RSE lessons. Gaelscoil Thulach na nÓg informs parents/carers, as part of the enrolment process, that Stay Safe and RSE are being implemented in the school. Parents are invited to contact the class teacher or principal if they have any queries or concerns about their child's participation in these.

In the event that a parent withdraws their child from participation in any of the sensitive aspects of SPHE a written record of their reasons for so doing will be made.

**12. Rannpháirtíocht Tuismitheoirí/Diúltaigh**

Creideann Gaelscoil Thulach na nÓg go mbreathnaítear ar rannpháirtíocht na dtuismitheoirí mar chuid lárnach d'fheidhmiú éifeachtach an churaclaim OSPS. Is comhpháirt riachtanach í an chomhpháirtíocht le tuismitheoirí chun príomhscileanna saoil a chothú agus a fhorbairt. Ina theannta sin tugann rannpháirtíocht na dtuismitheoirí níos mó deiseanna do leanaí na coincheapa, na scileanna agus na teachtaireachtaí a foghlaimíodh a athdhéanamh.

Beidh bileoga obair bhaile agus na naisc baile scoile ón gclár Bí Sábháilte (HSL) in úsáid ag an múinteoirí chun tuismitheoirí/cúramóirí a chur ar an eolas faoi na topaicí agus na ceachtanna ar leith atá á gclúdach sa rang agus conas a dhéantar iad is féidir leis na teachtaireachtaí sa bhaile a threisiú.

Tá naisc leis an bplean seo, na doiciméid churaclaim agus na hacmhainní a úsáidtear, go sonrath do cheisteanna íogaire ar fáil do thuismitheoirí. Cuirtear tuismitheoirí ar an eolas trí théacs nó nóta roimh an teagasc ar ghnéithe íogaire an churaclaim OSPS e.g. Bí Sábháilte agus ceachtanna OCG. Roinntear tionscnaimh scoile a thacaíonn leis an gcuraclam OSPS le tuismitheoirí i nuachtlitreacha na scoile.

**Tarraingt amach as / Opt out:**

Tá sé de cheart ag tuismitheoirí a leanbh/leanaí a tharraingt siar ó aon cheann de na gnéithe íogaire den chlár OSPS, lena n-áirítear an clár Bí Sábháilte agus ceachtanna OCG. Cuirfidh Gaelscoil Thulach na nÓg in iúl do tuismitheoirí/cúramóirí, mar chuid den phróiseas rollaithe, go bhfuil Bí Sábháilte agus OCG á gcur i bhfeidhm sa scoil. Tugtar cuireadh do thuismitheoirí teagmháil a dhéanamh leis an múinteoir ranga nó leis an bpríomhoide má bhíonn aon cheist nó imní acu faoi rannpháirtíocht a linbh sna hábhair thuas luaite. Sa chás go dtarraingíonn tuismitheoir a bpáiste siar ó rannpháirtíocht in aon cheann de na gnéithe íogaire den OSPS déanfar taifead scríofa ar na fáthanna atá acu leis sin a dhéanamh.

**13. Community Links:**

Gaelscoil Thulach na nÓg believe that the local community has a very important role to play in supporting the programme in SPHE and liasise with the members such as the Dental Hygienist, Health Nurse, Fireman, Vet, New Parent, Local Businesses etc.

**13. Naisc Phobail:**

Creideann Gaelscoil Thulach na nÓg go bhfuil ról an-tábhachtach ag an bpobal áitiúil chun tacú leis an gclár OSPS agus déan teagmháil leis na baill ar nós an Sláinteachais Fiaclóireachta, Altra Sláinte, Fear Dóiteáin, Tréidlia, Tuismitheoir Nua, Gnóthais Áitiúla srl.



#### **14. Success Criteria**

The success of this plan is evaluated through teacher's planning and preparation, and if the procedures outlined in this plan have been consistently followed. We also judge its success if the children have been enabled to achieve the aims outlined in this plan.

#### **14. Critéir Ratha**

Déantar rathúlacht an phlean seo a mheas trí phleanáil agus ullmhúchán an mhúinteora, agus má cloítear go seasta leis na nósanna imeachta atá leagtha amach sa phlean seo. Déanaimid breithiúnas freisin ar a rath má cuireadh ar chumas na bpáistí na haidhmeanna atá leagtha amach sa phlean seo a bhaint amach.

#### **15. Implementation**

##### **(a) Roles and Responsibilities:**

**Gaelscoil Thulach na nÓg** believes that the school community must be involved to successfully implement SPHE. Therefore the teaching staff will implement this plan with the support of the Board of Management, Parents and the Local Community.

##### **(b) Timeframe:**

The plan will be implemented from September 2021 with all classes commencing on Year 1 of the SPHE plan as outlined above.

#### **15. Cur i bhfeidhm**

##### **(a) Róil agus Freagrachtaí:**

Creideann Gaelscoil Thulach na nÓg go gcaithfidh pobal na scoile a bheith páirteach chun OSPS a chur i bhfeidhm go rathúil. Mar sin cuirfidh an fhoireann teagaisc an phlean seo i bhfeidhm le tacaíocht ón mBord Bainistíochta, Tuismitheoirí agus an Pobal Áitiúil.

##### **(b) Fráma ama:**

Cuirfear an phlean i bhfeidhm ó Mheán Fómhair 2021 agus cuirfear tús le gach rang ar Bhliain 1 den phlean OSPS mar a leagtar amach thuas.

## 16. Review

It will be necessary to review this plan on a regular basis to ensure optimum implementation of the SPHE curriculum in the school.

This plan will be reviewed in 2024.

## 16. Athbheithniú

Beidh sé riachtanach an plean seo a athbheithniú ar bhonn rialta chun cur i bhfeidhm barrmhaith churaclam an OSPS sa scoil a chinntiú.

Déanfar athbheithniú ar an bplean seo in 2024.

### ■ Ratification and Communication

The Board of Management of **Gaelscoil Thulach na nÓg** ratified this plan.

Signed \_\_\_\_\_

Date \_\_\_\_\_

This plan is available to view at the school by the parents on request.

### ■ Daingniú agus Cumarsáid

Dhaingnigh Bord Bainistíochta Ghaelscoil Thulach na nÓg an plean seo.

Sínithe \_\_\_\_\_

Dáta \_\_\_\_\_

Is féidir leis na tuismitheoirí an plean seo a fheiceáil ach é a iarraidh.